LADIES COLOUR

TRIATHLON or DUATHLON

Supporting ORANGE CANCER COUNCIL

SATURDAY 12 December 2020

GOSLING CREEK, ORANGE | FROM 3.00PM

REMEMBERING SANDY OSTINI

WEAR YOUR BEST YELLOW OR FLURO

TIME

Registration from 3.00pm Transition Open 3.30pm | **Race Start 4.00pm**

BYO

Mums, daughters, grandmothers, school friends and girlfriends

$10.00 adults and $5.00 children

ALL proceeds to the Cancer Council

COVID friendly RECOVERY

BYO PICNIC and relax and enjoy a glass of your choice, wine, or cool drink

DISTANCE

800m RUN or 200m SWIM
Run, jog or walk
(along the foreshore)

8.8KM BIKE
Road, tri, mountain or cruiser
(4 laps of the internal Gosling Creek 2.2km circuit, not on open road)

2KM RUN
Run, jog or walk
(along the foreshore)

ALL MONIES RAISED GO TO THE ORANGE CANCER COUNCIL